

delish

WEEKNIGHT DINNERS



PRODUCE

7 cups	MIXED BABY GREENS	1 bunch	GREEN ONIONS
5	CLOVES GARLIC	1 bunch	THYME
3	SWEET POTATOES	1 bunch	CILANTRO
3	SMALL TOMATOES	1 bunch	BASIL
2	LEMONS	1 small	HEAD ROMAINE LETTUCE
2	LIMES	1 small	HEAD RED CABBAGE
1½ lb.	RED POTATOES	1 small	WHITE ONION
1 large	HEAD BROCCOLI	1 small	RED ONION
1	SPAGHETTI SQUASH	1	AVOCADO
1 bunch	TUSCAN KALE	1	APPLE



PANTRY

1 28 oz.	CAN WHOLE TOMATOES	½ cup	GOOD-QUALITY MAYONNAISE
1 15 oz.	CAN BLACK BEANS	6 tbsp.	HONEY
1 cup + 2 tbsp.	EXTRA-VIRGIN OLIVE OIL	6 tbsp.	GRAINY DIJON MUSTARD
1 cup	COOKED BROWN OR WHITE RICE	¼ cup	VEGETABLE OIL
1 cup + 2 tbsp.	RED WINE VINEGAR	1 tbsp.	BALSAMIC VINEGAR
1 cup	PANKO CRUMBS	2 tsp.	GROUND CUMIN
1 cup	DRIED QUINOA	1 tsp.	SUGAR
½ cup	DRIED CRANBERRIES		SALT & PEPPER



DAIRY

½ cup	CRUMBLLED FETA
¼ cup	COUNTRY CROCK ORIGINAL
¼ cup	GRATED PARMESAN CHEESE
	for serving
	SHREDDED CHEDDAR CHEESE
	SOUR CREAM



PROTEINS

4	CHICKEN BREASTS
2 5-oz.	BONELESS PORK CHOPS
½ lb.	SKIRT STEAK
2	EGGS



BREAD

4 8" TORTILLAS