

delish

WEEKNIGHT DINNERS



PRODUCE

6	SCALLIONS	1	BUNCH PARSLEY
4	CLOVES GARLIC	1	BUNCH BASIL
2	LIMES	1	RED ONION
2	LEMONS	1	LARGE CARROT
2	LARGE CUCUMBERS	1	SHALLOT
2	PEACHES	1 pint	MULTI-COLORED GRAPE TOMATOES
1	LARGE MANGO	1 cup	RED GRAPES
1	BUNCH CILANTRO	1	HEAD BOSTON BIBB LETTUCE
1	BUNCH DILL	2"	PIECE GINGER



PANTRY

1	CAN	2 tbsp.	SRIRACHA
15 oz.	CHICKPEAS	2 tbsp.	HONEY
8 oz.	SOBA NOODLES	3 tbsp.	SESAME SEEDS
1/2 cup +	EXTRA-VIRGIN	1 tbsp.	RED WINE VINEGAR
1 tbsp.	OLIVE OIL	1 tsp.	DIJON MUSTARD
1/2 cup	CHOPPED PECANS	1 tsp.	CUMIN
1/2 cup	REDUCED-SODIUM SOY SAUCE	1/2 tsp.	CORIANDER
1/4 cup +	VEGETABLE OIL	1/2 tsp.	RED PEPPER FLAKES
2 tbsp.		1/4 tsp.	CAYENNE
1/4 cup	RICE VIENGER		SALT AND PEPPER
3 tbsp.	WHOLE-WHEAT FLOUR		
3 tbsp.	SESAME OIL		



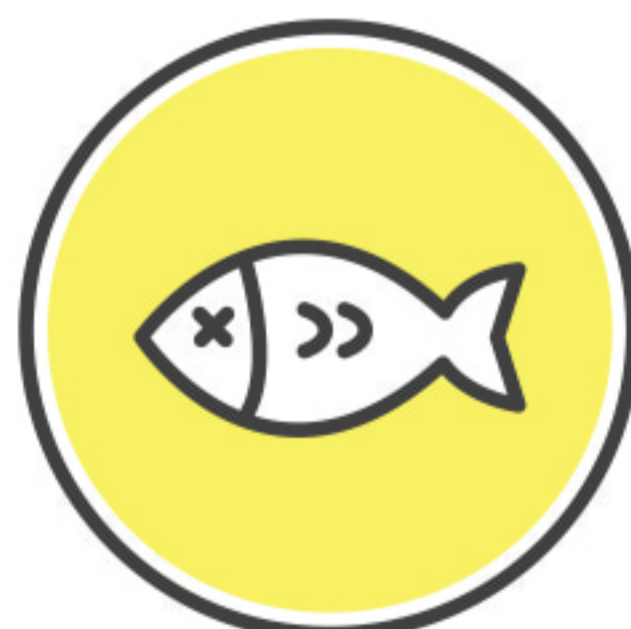
DAIRY

8 oz.	FRESH MOZZARELLA
1 cup	GREEK YOGURT



BREAD

4	WHOLE-WHEAT NAAN FLATBREADS
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PROTEINS

1 1/2 lbs.	RED SNAPPER FILLET (SKIN ON)
1	ROTISSERIE CHICKEN
1 lb.	FLANK STEAK
4 oz.	THINLY SLICED PROSCIUTTO
1	EGG